

# Ireland

Experience | Heritage | Food & Drink | Culture | Outdoors | Views & Landscapes



ACHILL ISLAND  
COUNTY MAYO

**EXPERIENCE  
IRELAND**

*From coastal gems to  
secret rural delights*

**HISTORIC  
LANDMARKS**

*Drama and romance  
in Ireland's castles*

**FABULOUS FOOD  
& DRINK**

*Delicious feasts to  
tempt the taste buds*

**IRELAND'S  
CULTURE**

*Urban escapes filled  
with warm welcomes*

**THE GREAT  
OUTDOORS**

*Walking Ireland's  
tracks and trails*

**AMAZING  
LANDSCAPES**

*Discovering Ireland's  
incredible scenery*





# WELCOME TO IRELAND

If modern life has left you yearning for more authentic experiences, then the island of Ireland is the perfect antidote. You see, Ireland is more than just a destination, it's a feeling...

It's the thrill of standing at the top of Donegal's Slieve League cliffs along the Wild Atlantic Way. It's the sensation you get at a traditional Irish music session, such as the ones that kick off in Matt Molloy's of Westport, County Mayo, or the House of McDonnell in Ballycastle, County Antrim.

It's the touch of the ancient stones that dot the islands of Lough Erne, County Fermanagh. The shipbuilding heritage of Belfast: the city that built the Titanic. And the chance to see the real-life locations for HBO's Game of Thrones® or the views from a Jedi knight's island hideaway, as seen in Star Wars Episodes VII and VIII. It's those 100,000 welcomes you get from the people.

Ireland is an adventure waiting to happen. So go on, fill your heart with Ireland. ♥

 **Ireland.com**

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# EXPERIENCE IRELAND

There are moments on the island of Ireland when it feels like you suddenly get it. Where your spirit feels lifted and your soul feels stirred. It might happen on a deserted Atlantic beach in mid-winter as you walk along buffeted by salty breezes, with the roar of waves in your ears and white-bellied seagulls swooping overhead. It might happen as you stroll an earthy forest trail and discover an abandoned medieval castle filled with crumbling stones and creeping ivy. Or it might happen in the middle of a traditional music session, where you can't stop your toes from tapping along to the beat. But it will happen. At some point you will experience Ireland – you'll feel it.

And there's a good reason why: for a small island on the edge of Europe, the island of Ireland has some truly unique, memory-making experiences. There's Ireland's Ancient East, where thousands of years of history come together in a swirl of Neolithic monuments, Norman castles, abbeys, churches and lavish country houses. There's Ireland's Hidden Heartlands, filled with under-the-radar attractions from quiet canals to authentic riverside villages. And there's Northern Ireland, which blends a giant spirit with legends, landscapes and literature. Add to that the friendly, feelgood cities of Dublin and Belfast, and the raw rugged beauty of the Wild Atlantic Way, and it's easy to see why Ireland is one of the most rewarding destinations in Europe.

Travel around the island of Ireland and you'll feel history all around you, from the haunting beauty of 6<sup>th</sup> century monastic sites such as Gougane Barra in the wilds of West Cork, to the ancient stone circles that rest in landscapes such as Beaghmore, County Tyrone. The legacy of the Vikings lingers on in cities such as Waterford and Dublin, while a stroll around ancient Armagh reveals why it has a reputation as the "city of saints and scholars."

But above all, what makes a trip to the island of Ireland unique is the people you meet along the way. When you get here, you'll understand why the island is famous for 100,000 welcomes – it's woven into the fabric of our culture, from the chat at the bar in pubs to the hellos you'll get on walking trails around the island. Whether you're reuniting with family, forging new friendships or just enjoying the "craic" (fun) with affable strangers, you'll suddenly realize that Ireland is a place that feels like home. ♥



Experience



LOUGH OUGHTER  
COUNTY CAVAN

Dublin



TEMPLE BAR  
DUBLIN CITY



ROCK OF CASHEL  
COUNTY TIPPERARY



COUMEENOOLE BAY  
COUNTY KERRY

Belfast



CATHEDRAL QUARTER  
BELFAST CITY



MUSSENDEN TEMPLE  
COUNTY ANTRIM



IRELAND'S  
HIDDEN  
HEARTLANDS



DUBLIN



IRELAND'S  
ANCIENT  
EAST



THE WILD  
ATLANTIC  
WAY



BELFAST



EMBRACE  
A GIANT  
SPIRIT

**BLESSED WITH A LANDSCAPE** of glassy canals, winding rivers, lakes, forests and bogland, Ireland's Hidden Heartlands is a dream destination for outdoor enthusiasts. Here you can escape into a world of calm and connect with nature in a part of the island that feels unexplored. Discover amazing nature trails filled with history at Lough Boora Discovery Park, County Offaly; paddleboard along County Leitrim's canals; or cycle the off-road Old Rail Trail in County Westmeath.

With such an abundance of natural beauty, it's no wonder the Hidden Heartlands have become a top destination for leisure and wellness – but you'll also find a wealth of history and culture here. Peel back the centuries at the prehistoric Corlea Trackway in County Longford; explore the lakeside Parke's Castle in County Leitrim; or cozy up in the wonderful Sean's Bar, Athlone, established way back in 900AD!

**NAMED BY** Lonely Planet as one of their Best in Travel destinations for 2022, Dublin welcomes every visitor with a smile and a story or two. This amazing Viking city on the River Liffey has inspired artists of every calling – and it loves to celebrate them, too, at wonderful museums and galleries including the National Gallery, the National Museums, the Irish Museum of Modern Art and the Museum of Literature Ireland.

Uncover the city's political history with a tour of Dublin Castle, Glasnevin Cemetery or Kilmainham Gaol, while in the hallowed grounds of Trinity College you'll find one of the island's top treasures: a 9<sup>th</sup> century illuminated manuscript called The Book of Kells. And for a fresh take on Dublin, head outdoors. The city boasts a beautiful location on the edge of Dublin Bay, so join the locals and take a walk along the stunning Howth Cliff Path in north County Dublin.

**AT FIRST GLANCE**, the east of Ireland is all lush green fields, busy little towns and villages, and gentle rivers. But this is a landscape that brims with incredible stories, that is packed with astonishing Neolithic monuments and has a castle around every corner.

The amazing thing about this part of the island is the sheer volume of history contained within it. Just look at Newgrange, an astonishing megalithic monument that dates back over 5,000 years, or the Rock of Cashel – a spectacular archaeological site. You can trace Ireland's medieval history through castles, abbeys and churches, too, from the vast hulk of Trim Castle, County Meath, to the 13<sup>th</sup> century Black Abbey in Kilkenny. And if gardens are your thing, there's no better place to be, with Powerscourt House and Gardens, Mount Usher Gardens and the gardens of Lismore Castle all star attractions.

**THE WILD ATLANTIC WAY** is a rugged coastal gem that will wow you with epic moments and warm you with its friendly spirit. One of the longest coastal driving routes in the world, it boasts 2,500km of raw beauty, traditional culture, cozy pubs, and unforgettable experiences. Stand on the iconic Mizen Head footbridge in County Cork and you'll witness a spectacle of jagged rocks lashed by waves, explore authentic island life on the Aran islands in County Galway, or visit the most extensive Stone Age monument in the world at Céide Fields, County Mayo.

With sky-high cliffs, craggy peninsulas, quiet bays and deserted beaches – the Wild Atlantic Way's landscapes are nothing short of spectacular. But there's more to this coastline than just stunning scenery – there's the warmth of the people; the vibrant culture, from music sessions to literary festivals; and fantastic local foods that you'll remember forever.

**IT MAY BE FAMOUS** for building the Titanic, but Belfast is also well-known for its buzzing music scene. In November 2021, UNESCO granted Belfast a City of Music status in recognition of its rich musical heritage and if you're looking to experience exciting trad music, alternative jazz or a bit of punk rock, there's no better place.

Beyond the great tunes, Belfast is a city that's full of surprises. Wander St George's Market for a taste of the city's buzzing food scene, or dine out on refined local dishes at Michelin-starred Ox. Fancy finding out more about Belfast's maritime and shipbuilding history? Then head to Titanic Belfast and SS Nomadic. And for a view that you won't forget, make your way to Belfast Castle on the slopes of Cave Hill Country Park.

All in all, Belfast is a compelling place; a bit Victorian, a bit modern. Its story is enthralling, its people welcoming, and its contemporary culture utterly absorbing.

**WITH SO MUCH TO DO** in Northern Ireland, it's hard to know where to start. First stop? It's got to be the Causeway Coastal Route. This staggeringly beautiful road weaves and winds along the edge of the north Antrim coastline and serves up pulse-racing delights such as Carrick-a-Rede rope bridge and the Giant's Causeway, a UNESCO World Heritage Site. There's the breathtaking beauty of Torr Head, the drama of Dunluce Castle and thrilling Game of Thrones® locations to explore!

Away from the coast, Northern Ireland will keep you charmed with its giant spirit and gorgeous landscapes. Soak up the haunting beauty of the heather-flecked Mourne Mountains, dive into local culinary traditions with a bread making class or a whiskey tasting, and explore some of the region's fascinating history in places such as the Ulster American Folk Park. So come and embrace a giant spirit for yourself. ♥





# HISTORIC LANDMARKS

Ireland’s historic landmarks are not all about bricks and mortar. As you walk up the 800-year-old stone steps at Hook Head Lighthouse in County Wexford; wander through the 17<sup>th</sup> century pleasure gardens at Loughcrew in County Meath; or stare up at a round tower built nearly 900 years ago by monks at Devenish Island in Lough Erne, County Fermanagh – it’s good to take some time to absorb the history embedded in these walls.

Nothing captures the imagination quite like a good story, and on the island of Ireland, you don’t have to look far to find one. In towns and villages, on hillsides and cliff-edges – especially around Ireland’s Ancient East – you’ll find battlements, fortifications and historic mansions that fizz with tales of lavish parties, fascinating characters and even a ghost or two. Take the eerie 16<sup>th</sup> century Leap Castle in County Offaly, which claims to be the “world’s most haunted location”. Or Carrickfergus Castle, a Norman stronghold in County Antrim, which has been besieged by the Scots, Irish, English and French over its 800 year history. And just because the island’s grand country houses look genteel, it doesn’t mean they don’t have their own tales of intrigue, like Westport House in County Mayo. Today, it may be the very picture of aristocratic elegance, but step down into the dungeons and you can see the remains of the castle that once belonged to the notorious 16<sup>th</sup> century pirate queen, Grace O’Malley.

Ireland’s early Christian history is also packed with fascinating stories and beautiful settings. Dating from the mid-6<sup>th</sup> century, Clonmacnoise was established by St Ciarán on an idyllic site on the River Shannon – stroll around here and you’re catapulted back to an age of “saints and scholars.” At Skellig Michael in County Kerry – a Star Wars filming location – you can still experience what drew monks to this remote island hundreds of years ago: heart-stirring views of Little Skellig and the wild Atlantic Ocean. And on St Patrick’s Trail, which weaves through key sites linked to Ireland’s patron saint in counties Armagh and Down, beauty abounds, especially at tranquil Saul Church.

It’s inevitable that a journey into Ireland’s past will lead to Ireland’s cities, whether it’s the Viking history of Dublin and Waterford or Titanic-era Belfast. And, whichever one you visit, a compelling piece of history awaits. Walk the 400-year-old walls in Derry~Londonderry, where cannons roared during the 17<sup>th</sup> century. Travel back to the Middle Ages with a stroll along Kilkenny’s Medieval Mile. Or imagine the life of a Norman soldier at the 13<sup>th</sup> century King John’s Castle in Limerick. On the island of Ireland, you can experience history like never before. ♥





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*Ireland's castles are set in some of the most beautiful parts of the island, from tranquil lakefronts to the edge of dramatic coastal cliffs. We look at three of the most captivating...*

HUNTINGTON CASTLE  
COUNTY CARLOW

# STEP INTO THE STORIES

*Museums, galleries and visitor attractions on the island of Ireland bring the past to life, from the hopes and dreams of emigrants to the creativity of the Celts*

## 1 EPIC – THE IRISH EMIGRATION MUSEUM *Dublin*

Winner of Europe's Leading Tourist Award at the World Travel Awards in 2019, 2020 and 2021, EPIC is a must-see on a visit to Dublin. Situated in the heart of the reinvigorated Docklands, this immersive museum traces the story of Ireland's emigrants, some of whom went on to become scientists, singers, artists, poets and presidents both in Canada and beyond.

## 2 TITANIC BELFAST *Belfast*

This monumental museum stands at the head of the slipways where the "Ship of Dreams" was built. Fresh from a multimillion-pound makeover, the museum now boasts new and exciting interactive galleries, a new artefact collection and a rotating 7.6m-long scale model of RMS Titanic.

## 3 WATERFORD TREASURES *Waterford*

Reputed to be Ireland's oldest city, Waterford is packed with history and the best place to uncover it is in the trio of museums

called the Waterford Treasures. Here, the Medieval Museum, Bishop's Palace and Reginald's Tower (pictured) recount the story of the city, from its foundations 1,100 years ago by the Vikings to an era of Georgian opulence in the 18<sup>th</sup> century.

## 4 THE ARIGNA MINING EXPERIENCE *County Roscommon*

With a beautiful location on top of a hill in rural County Roscommon, Arigna was once a busy coal mine that operated from the 1700s until its closure in the 1990s. Today, you can take a tour right into the heart of the earth led by ex-miners who can explain first-hand about the conditions, typical working day and general life of a miner.

## 5 SEAMUS HEANEY HOMEPLACE *County Londonderry*

This award-winning arts and literary museum is all about the life and work of one of Ireland's greatest writers, Seamus Heaney. Located close to where Heaney grew up, the museum offers a fascinating glimpse into what inspired the Nobel Laureate, with a curated collection of poetry, photographs and stories from his life.

## 6 JOHNSTOWN CASTLE *County Wexford*

Located just outside Wexford town in Ireland's Ancient East, Johnstown Castle, Gardens and Museum boasts a history that dates back over 800 years. Offering three attractions in one – a Gothic-Revival Castle, the Irish Agricultural Museum and gardens with lake walks and woodlands, Johnstown Castle is a fabulous destination filled with intrigue. Explore the servant's tunnel, stroll the scenic 1.5km lower lake walk, and learn all about rural life and farming in Ireland. ♥

**T**ravel around Ireland and you'll quickly discover that castles here have the power to stop you in your tracks with their sheer good looks. Whether it's a crumbling 12<sup>th</sup> century pile overlooking a glassy lake, a gracious Baronial mansion set in glistening green fields or a dramatic cliffside ruin pounded by waves, these structures never fail to surprise and delight.

If it's pretty countryside replete with woods, fields and rivers you're after, head for Huntington Castle in County Carlow. This dramatic structure was built as a garrison in 1625, probably on the site of an abbey, which in turn replaced an ancient temple, so it's no surprise that it's filled with legends, including ghostly druids and weeping ladies. Take a tour around the castle with owner Alexander Durdin-Robertson, whose descendants have been living here since the 17<sup>th</sup> century, and you'll discover everything from the stories behind the portraits, to a remarkable temple in the basement that is devoted to the Egyptian goddess, Isis. And don't miss the gardens at Huntington – laid out in the 1680s, they're filled with lawns, ponds and beautiful woodland.

A must-visit is the picturesque Dunguaire Castle. Nestled on the south shore of Galway Bay, this 16<sup>th</sup> century tower house is built on the site of a 7<sup>th</sup> century fort. It's fairly modest – as castles go – but its history takes in the clans of Ireland, Queen Elizabeth I of England, the Celtic revival of the early 20<sup>th</sup> century and a divorce case so scandalous that it triggered a change in

“HUNTINGTON WAS BUILT AS A GARRISON IN 1625 ON THE SITE OF AN ABBEY, WHICH IN TURN REPLACED AN ANCIENT TEMPLE, SO IT'S NO SURPRISE IT'S FILLED WITH LEGENDS”

the law. With the waters of Galway Bay to the north, and the barren, rocky landscape of County Clare's Burren to the south, Dunguaire has an exceptionally scenic location. No wonder it's one of the most photographed castles in the west!

For a total contrast, go north to Antrim on the rugged Causeway Coast, where you'll find the ruins of Dunluce Castle. Perched on a craggy outcrop that's pounded by the waves, Dunluce is accessible over a footbridge, with a stout heart and steady feet. It seems a remote and dangerous place to live – a ship from the Spanish Armada was wrecked on the rocks, and a pair of lovers met their end below the castle – yet this wild spot is enchanting. The Earl of Ulster built the first castle here back in the 13<sup>th</sup> century, on an old Viking fort, and by the mid 16<sup>th</sup> century, it was fought over by rival clans – it's even attracted the banshee (a mythical wailing female spirit), according to legend. And you can see why: this stretch along the cliffs of Antrim lifts the heart and refreshes the soul with some of the finest views around. ♥





# FABULOUS FOOD & DRINK

**S**eafood chowder by the fire in a wind-whipped coastal pub. Traditional Irish stew in the surrounds of an 18<sup>th</sup> century market. Afternoon tea overlooking a misty lough. Food in Ireland isn't just about the taste; it's about the place, the experience, the land and sea, and the people who created it.

Whether you're enjoying beautifully crafted dishes of local, seasonal produce in Wine & Brine, Moira, County Armagh, or savouring a bowl of Killary Harbour mussels at the Misunderstood Heron food truck in the wild surrounds of County Galway's Killary Fjord, it's bound to be memorable.

To get to the heart and soul of food on the island of Ireland, a farmers' market is a good place to start. Here, busy stalls laden with artisan cheese, local charcuterie, beech-smoked Irish salmon, soda breads and mountain lamb reflect the richness and variety of what's on offer. Farmers' markets take place all over the island, usually – but not exclusively – on the weekend. Some to look out for include the Middleton Farmers' Market in County Cork, Kilkenny Farmers' Market in the medieval city of Kilkenny, and The Shambles Variety Market in Armagh (Tues and Fri).

Occupying a special place in the hearts of Cork city locals, the English Market has been around since 1788 and is a great place to pick up traditional specialties such as drisheen (blood sausage) and pigs' trotters, as well as freshly baked bread, fish, cheese and the Cork favourite – spiced beef. In Belfast, foodies favour the historic surrounds of the 19<sup>th</sup> century St George's Market (Fri-Sun) for everything from wild venison to fudge.

Beyond the markets, the island is packed with pubs, restaurants and cafés where you can taste traditional Irish food. Order a glass of Guinness and settle down to centuries of tradition with an Irish stew at Hargadon's grocery-pub in Sligo or an Ulster fry at Maggie May's in Belfast. And keep your eye out on menus for boxty (a potato pancake), coddle (a Dublin dish of bacon, sausage and potato), a Waterford blaa (a soft, floury bread roll unique to the city), and, of course, Irish whiskey, Irish stout, local craft beers and artisan gins.

Travel around and it's not hard to see the excitement surrounding the food scene right now, from street food pop-ups to Michelin-starred gems. But for a great mix of atmosphere, tradition and great flavours, a festival is where it's at. Celebrate the very best of local food (including the famous Wexford strawberries) at the Enniscorthy Rockin' Food and Fruit Festival in August; head to the Orchard County for the Food & Cider Weekend in September in Armagh; or live it up at the Kinsale Gourmet Festival in October. ♥



# GREAT FOOD TOURS

*Food tours are the perfect way to experience the pure flavours and traditional foods of each locality on the island of Ireland...*

Ireland is undergoing a food revolution as the farmers, fishermen, producers and chefs realize that their green isle boasts some of the purest, richest flavours in the world. And food tours have become a popular way for locals and visitors alike to experience the best of each locality.

“People always tell us they wish they had done the tour at the start of their trip,” says Caroline Wilson, who runs *Taste & Tour NI*’s food and drink-focused walking tours of Belfast city. “They’re amazed at the variety on offer – and they love that they’re getting to meet locals and not just other tourists.”

Each tour has its own distinct personality, too. About an hour and a half down the road from Belfast, *Enniskillen Taste Experience* uncovers several sides to this historic town’s food – from local butcher Pat O’Doherty’s Fermanagh Black Bacon, reared on the peaceful pastures of Lough Erne’s Inish Corkish island, to contemporary fine-dining at 28 At The Hollow.

Want to find out more about the foodie city of Cork? The knowledgeable guides of *Fab Food Trails* will give you the inside story on Cork’s historic English Market, where products such as tripe carry a piece of local history within them, as well as other great food locations around the city. Interested in the best of

the west? Galway Food Tours’ Evening Food Tour is a great way to discover the City of Tribes through food, and allows you to meet the producers and taste the flavours of award-winning restaurants and cafés. And in Derry~Londonderry, the Foodie City Cycle with Far and Wild visits great local favourites including The Walled City Brewery on a two-hour cycle around this historic walled city.

Alternatively, you could dive deep into Ireland’s amazing landscape. *The Burren Food Trail* is a self-guided tour that boasts five themed trails that take you from field to plate in a region of Ireland that is fast becoming an eco-tourism hub. Fancy something more hands on? Join a Wicklow Wild Foods foraging walk, which gets you up close to wild local produce in the beautiful County Wicklow countryside.

But what all these tours have in common is this: the chance to mingle with local people for a few memorable hours, while joining them in rediscovering their ancient food heritage and creating a place for it in the island’s identity. ♥

“PEOPLE ARE AMAZED AT THE VARIETY OF FOOD ON OFFER, AND LOVE THAT THEY’RE GETTING TO MEET THE LOCALS AND NOT JUST OTHER TOURISTS”

FORAGING  
COUNTY WICKLOW



ENNISKILLEN TASTE  
EXPERIENCE



Ireland.com



TASTE THE WILD  
ATLANTIC WAY



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- 1 Pyke 'N' Pommes Derry~Londonderry
- 2 Sheridans Cheesemongers Galway
- 3 Harry's Shack County Londonderry
- 4 Glenarm Shorthorn County Antrim

# IRELAND'S NATURAL FLAVOURS

*Great flavours, passionate producers and traditions handed down through generations: there's never been a better time to enjoy a true taste of Ireland*

With bountiful oceans and fertile fields, Ireland’s produce translates into pure deliciousness on the plate. Take beef for starters... Rich green pastures and small-scale farming make grass-fed beef the standard on the island of Ireland. Want to try it for yourself? Check out the Wagyu beef burgers at Derry~Londonderry’s Pyke ‘N’ Pommes food truck, or the Lisdergan flax-fed beef fillet at the Catalina Restaurant in the Lough Erne Resort, County Fermanagh.

Lamb is the bedrock on which one of Ireland’s most famous dishes, Irish stew, is built. This casserole of lamb, potatoes, onions and carrots might be simple, but it’s enduringly popular and reflects a culinary tradition of cooking over an open fire.

From its origins in the late 1970s, Ireland’s farmhouse cheese scene has grown into one of the most exciting in Europe, with punchy new styles, including Young Buck raw milk blue cheese and well established favourites such as Durrus, Killeen and St Tola. A visit to a cheesemaker, such as Cashel Farmhouse Cheese in County Tipperary, is a great way to find out more about the cheese-making process, and farmers’ markets are ideal for meeting local producers and tasting artisan products.

The flavours of the shoreline are showcased on the Taste the Atlantic trail along the Wild Atlantic Way, with tours of smokehouses, seafood producers and oyster farms. Keep your eye out in restaurants all along the island’s coastline for smoked Atlantic salmon, oysters, mussels and crab.

It’s not just the fine-dining restaurants or traditional pubs where you can sample the ocean’s bounty, either. Enjoy fish fresh off the boat at Harry’s Shack on Portstewart Strand in County Londonderry or award-winning chowder at Killybegs Seafood Shack, overlooking the fishing port of Killybegs in County Donegal. For something a little different, make sure to try some of the island’s seaweeds, such as dulse or carrageen moss from the Antrim coastline.

And with a new generation of well-travelled chefs eager to explore the island’s extraordinary natural larder, enjoying the great tastes of Ireland has never been easier! ♥



A group of people are gathered in a rustic, warm-toned pub or bar. In the foreground, a man on the left plays an acoustic guitar. Next to him, another man sits and listens. In the center, a woman plays a violin. To her right, an older man plays a uilleann pipes. On the far right, a woman is partially visible, also playing an instrument. The background shows other patrons and the interior of the pub, which has a high ceiling with exposed wooden beams and string lights. The overall atmosphere is cozy and traditional.

# IRELAND'S CULTURE

Ireland's spirit can't be captured; it has to be experienced. The stories, scenery, songs and special atmosphere are what bring people back here, time and again.

With over 3,000km of coastline, the ocean has an inescapable influence on Ireland's culture, especially in the towns and villages scattered along its shores. From the currach boats unique to the west of Ireland to the lighthouses that stand on rocky headlands, the way of life here is dominated by the ocean. Ireland's coastal communities play a huge part in keeping the Irish language alive, with many speaking their native tongue every day, in areas that are known as Gaeltachtaí. Visit Achill Island in County Mayo, or the western parts of the Dingle Peninsula in Kerry and you'll hear locals using Irish. Further north in County Antrim and along the Ards Peninsula, the same is true for speakers of Ulster-Scots (Ullans), whose vibrant traditional music and dance traditions keep the culture alive.

For a small island, Ireland's contribution to world literature is immense. From playwrights to poets, songwriters to storytellers, Ireland's literary heritage takes in four Nobel prizewinners (George Bernard Shaw, WB Yeats, Samuel Beckett and Seamus Heaney), and continues to thrive today with Pulitzer prizewinning poet Paul Muldoon, and award-winning novelists such as Eimear McBride, Emma Donoghue, Colm Tóibín and Anna Burns. These writers follow a historic tradition of storytelling across the island of Ireland, which once took the form of folklore, heroic tales and myths passed down by people known as *seanchaí*. The ancient art of storytelling is today celebrated at events such as the Cape Clear Island Storytelling Festival in County Cork (Sept), as well as popular literature festivals such as Listowel Writers' Week, County Kerry (May); Dalkey Book Festival, County Dublin (June); and the Belfast Book Festival (June). And in Dublin – a UNESCO City of Literature – you can get the whole story at the new Museum of Literature Ireland, which boasts multimedia exhibitions and priceless artefacts.

Of course, while many a story has been told in the firelit, stone-floored surrounds of a traditional Irish pub, they're more famous as places to hear a spot of music. Dotted around the island, from the cosmopolitan cities of Cork and Waterford to quiet rural spots such as the 17<sup>th</sup> century thatched cottage of Crosskeys Inn, County Antrim, you'll find hundreds of traditional pubs with a weekly roster of in-house musicians and guest performers. Drop in, sit back and enjoy the tunes. And if you've got the know-how, pull up a stool and join in... the more the merrier. ♥





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- 1 Cork City Gaol
- 2 The Quays Galway
- 3 Derry Girls mural Derry~Londonderry
- 4 Cork city
- 5 Galway city
- 6 The Guildhall Derry~Londonderry

## THREE CITIES

*With 11 cities all boasting great food, easy-going locals and lots of culture, you're sure to be busy on the island of Ireland. We've got three to get you started*

### GREAT FOR ATMOSPHERE: CORK

You'll feel it in the pubs, you'll notice it on the city streets and you can't miss it when you talk to the locals: Cork is a place that's proud of its heritage, its culture and its food. And rightly so! Centered on the River Lee, this buoyant small city has an easygoing vibe and boasts quirky alleys and arty districts, as well as some great pubs and restaurants. First stop? It's got to be the English Market. Packed with food stalls that brim with everything from traditional smoked fish to local cheese, this 18<sup>th</sup> century hub is a great place to get a taste for Cork's famous food culture. Stop for lunch at the Farmgate Café here, before deciding which of Cork's many attractions to head for next. You can explore the history of Cork City Gaol, enjoy art at the Crawford Municipal Art Gallery, or sample some craft beers at the Franciscan Well Brewery, and that's just for starters.

### GREAT FOR STREET LIFE: GALWAY

Big-hearted, bohemian and brimming with energy, Galway is packed with the best of the west. Known as the "City of Tribes" – after the 14 medieval tribes who once ruled it – the people here

have cultivated a culturally diverse haven that remains true to its traditional roots. The streets of this city sing with an upbeat spirit... literally! Galway is famed for its buskers, with Shop Street, William Street and the historic Spanish Arch often alive with music. Just wandering around the city feels like a party. Come evening time, traditional Irish music pours from the doorways of many a pub, with Tig Cólí, Taaftes Bar and The Crane Bar all famed for their great tunes.

### GREAT FOR CULTURE: DERRY-LONDONDERRY

Wrapped in 16<sup>th</sup> century walls, Derry~Londonderry is a small city with a big personality. You can see the imprint of the past everywhere, from the fine old buildings and narrow cobbled streets to the award-winning museums that tell the city's compelling story. But Derry~Londonderry isn't content to live in the past – a stint as UK City of Culture nurtured local artists and cutting-edge galleries such as the Void and Eden Place showcase Irish and international artists, while the Bogside Artists illustrate the power of art through their political murals. Music, too, is in the city's DNA, and a night out can begin with a blast of indie pop at the Nerve Centre and finish up with pints and traditional music in Peadar O'Donnell's pub. Add in a world-class Halloween carnival, a lively café culture and the chance to walk in the footsteps of those Derry Girls from the hit TV series, and you'll find that Derry~Londonderry hits all the right notes. ♥

## FESTIVAL ISLAND

*Come rain or shine, festival season never stops in Ireland, where there's always something to celebrate and everyone loves a good party*

### SPRING

The island of Ireland springs to life with St Patrick's Day on the 17<sup>th</sup> March. As well as the famous *St Patrick's Festival* in Dublin, there are fantastic festivities happening in Cork, Limerick, Waterford, Sligo and Kilkenny. In Armagh, where St Patrick built his first church, you can enjoy the wonderful *Home of St Patrick Festival*. Head to Mayo in May and enjoy the *Achill Island Film Festival* or celebrate the ancients in County Westmeath with the *Bealtaine Fire Festival* on the Hill of Uisneach. Room for more? Try the *Belfast Maritime Festival* along the city's quays with Tall Ships, nautical fun and great food.

### SUMMER

Celebrating summer vibes, *Sea Sessions* is the biggest surf and music festival in Ireland, bringing thousands to the charming seaside town of Bundoran in County Donegal. *The Ould Lammas Fair* sees traditional music, dancing, horse trading, artisan markets and more take over the seaside town of Ballycastle, County Antrim. And if it's culture you're after, you're spoiled for choice with *Bloomsday* in Dublin and the *Camp Dalfest* in Glenarm Castle, County Antrim.

### AUTUMN

Festival season seriously heats up in autumn, with the *Dublin Theatre Festival* – 18 days of drama and delight – and the *Belfast International Festival*, with theatre, dance and visual arts. In Cork, the famous *Guinness Cork Jazz Festival* takes centre stage, with internationally acclaimed blues and brilliance. But it's the spookiest celebration that steals the show every autumn: *DerryHalloween* is billed as the greatest Halloween party in the world, featuring haunted houses, ghost walks and spectacular costumes. Hot on its heels is the *Púca Halloween Festival* in counties Meath and Louth. Named after the Irish word for "ghost," this fiesta takes scaring seriously!

### WINTER

Voted best opera festival in the world, *Wexford Festival Opera* brings 12 whole days of operatic majesty to the southeast. Music of a totally different kind can be enjoyed at the *Atlantic Sessions* in Portrush and Portstewart with concerts in restaurants, hotels, bars and cafés along the Causeway Coast. Dublin is a great place to be in winter with a slew of festivals, including the *New Year's Festival*, which sees the city ring in the new year in style, and *TradFest*, which takes places in a variety of venues in or around the city's Temple Bar area in January. ♥

PÚCA FESTIVAL  
COUNTY LOUTH





# THE GREAT OUTDOORS

**A** kayaking trip down a glassy canal draped in greenery. A cycle around a lake overlooked by grand country houses and soaring forests. A walk along a windswept coastal trail by marram grass-tufted sand dunes and crashing waves. Visiting the island of Ireland is all about getting outdoors and getting active, and with such a wide diversity of landscapes from quiet green valleys to wild Atlantic beaches, experiencing the island's natural beauty couldn't be easier.

When it comes to adventures on two feet, Ireland serves up a vast array of trails, paths, routes and even walking festivals for both the novice and the experienced walker. You can enjoy edge-of-the-world views and blasts of salty sea air on cliff-edge paths around Slieve League in County Donegal, the Causeway Coast in Northern Ireland and Loop Head in County Clare. You can escape into the rich green beauty of undulating valleys such as the Glen of Aherlow in County Tipperary. And you can weave around the remarkable granite outcrops of the Mourne Mountains in County Down. There are vast walking routes around Atlantic Ocean headlands and short jaunts through ancient woods, and there's always a warm welcome.

Ireland's waterways have witnessed everything from huge battles on the River Shannon to horse-drawn commercial barges on the canals. Today they are places of pure beauty, edged with an abundance of ferns and reeds and humming with birds and wildlife. Head out into the dark on a night kayaking trip on Lough Hyne, County Cork, where bioluminescence lights up the water like an explosion of stars. Or explore the maze of bays, narrow channels and islands around both Upper and Lower Lough Erne in County Fermanagh.

Ireland's Hidden Heartlands is filled with an amazing array of off-the-beaten track adventures in forest parks and bogland, as well as along canals and rivers. Try a slow adventure on a kayak down the Lough Allen Canal in County Leitrim, take it up a level with a tree-canopy walk at the Lough Key Forest Park in County Roscommon, or stroll amongst 360 million years of geology at the Cavan Burren Park in County Cavan.

One of the most incredible aspects of being outdoors on the island of Ireland is the wildlife. West Cork is a top European destination for whalewatching, while the Blasket Islands in County Kerry is known as the grey seal capital of Ireland, with a colony of over 1,000. And for some of the best birdwatching on the island, don't miss a trip to Rathlin Island in County Antrim where you can spot puffins, guillemots and corncrake. ♥





*Quicker than walking but slow enough to allow you to soak up the sights and atmosphere of the countryside, Ireland's Greenways are the perfect trails for a holiday without cars*

GLENIFF HORSESHOE  
COUNTY SLIGO

If you haven't heard of a Greenway before, the clue is in the name. This is a network of off-road trails for cyclists and walkers that often follows the course of Ireland's old railways. Having kicked off with the stunning Great Western Greenway in County Mayo, the concept has grown to take in all parts of the island, with one of the latest being the 130km-long Royal Canal Greenway from Maynooth in County Kildare to Cloondara in County Longford. Whichever Greenway you choose, you'll find that this truly is an elemental way to travel: the countryside really comes alive when you're on a bike, and you can stop to take it in at your leisure.

So where to start? Well, if you're looking for a great adventure, east coast-style, the Waterford Greenway is ideal. This route crosses 11 bridges and three impressive Victorian viaducts before arriving at Dungarvan Bay. On the way, you'll encounter many of the nooks and crannies of Irish history. Castle ruins, 18<sup>th</sup> century paper mills, historic viaducts and welcoming villages — they're all part of the rich tapestry of this region.

Long before the coming of the railways this was Viking territory so you'll come across traces of their ancient settlements, and will probably be struck by how much those Norse people liked a good view. Ireland is sometimes wet, it's true; so if the weather isn't going your way, nip into a cozy pub and listen as the gentle drizzle turns the Greenways even greener.

“THIS IS A TRULY ELEMENTAL WAY TO TRAVEL: THE COUNTRYSIDE REALLY COMES ALIVE WHEN YOU'RE ON A BIKE AND YOU CAN STOP AND TAKE IT IN AT YOUR LEISURE”

These routes cross extraordinarily beautiful countryside all around the island. The Boyne Greenway begins in Dominic's Park on the south bank of the River Boyne in Drogheda, County Louth, and ends at the Battle of the Boyne Visitor Centre in Oldbridge, County Meath. It's a short one, at only 1.9km but has a lovely section along the Boyne Canal.

Taking in aspects of Belfast's unique history is the Comber Greenway, which goes off-road close to the old Harland & Wolff shipyard (which built Titanic) and runs along an old railway line. A tranquil green corridor through the city eventually reaches open countryside, where you can spot Scrabo Tower in the distance. In case you're wondering — it was built in honour of a local man who fought in the Napoleonic Wars. You're never very far from history here.

No matter where you cycle on Ireland's Greenways you'll be assured of a gentle way of seeing dramatic sights. And the great thing about going by bicycle is that you always get a seat with a good view. ♥

THE SPERRINS  
COUNTY TYRONE



HORSE RIDING  
LOUGH DERG, COUNTY CLARE

GRAIGUENAMANAGH  
COUNTY CARLOW



## OFF THE BEATEN TRACK

*All over the island of Ireland, you'll find secret corners that are perfect for walking, cycling, horse riding and kayaking... All you have to do is look*

In the uplands of counties Tyrone and Londonderry, the wind whips across the time-weathered stones of the Sperrin Mountains. Bog cotton, heather and wild orchids dance in the breeze across bogland, quiet valleys and undulating hills. This is walking country — where civilization drifts away and mountain summits beckon. The Sperrins is one of the island of Ireland's largest upland areas, but the landscape feels undiscovered, with ochre-coloured moorlands that go on for miles. At the western gateway to the mountains and close to the friendly town of Omagh is Gortin Glen Forest Park, which offers walking of a different kind over trails through beautiful woodland.

From its source in County Laois's Slieve Bloom Mountains, the River Barrow flows 192km to Waterford Harbour. But one of the most beautiful sections is the Barrow Navigation in counties Carlow and Kilkenny. Bordered by gentle woodland, grassy towpaths and rolling green fields, it's tailor-made for off-grid adventures. “Undiscovered is an understatement for the Barrow”, says Martin O'Brien of the Mullichain Café in the

scenic waterside hamlet of St Mullins, “glide along these waters and you'll pass through farmland, gurgling lock gates and old villages — it's like a glimpse of times gone by.” There are plenty of places to rent kayaks and canoes to explore this pretty slice of the island, including Go with the Flow River Adventures, but there's lots to do for walkers and cyclists, too. Rent a bike from the Waterside Guesthouse or pull on your hiking shoes and walk the towpath from the town of Graiguenamanagh to St Mullins (7km). You'll soon be into a wonderland of wildlife, where otters and kingfishers dart from the riverbanks.

Lapping the shores of Tipperary, Galway and Clare are the waters of Lough Derg. On the lough's northerly shores, the wildlife sanctuary of Portumna Forest Park is threaded with quiet cycling and walking trails — keep your eye out for the fallow deer that call the park home, along with fox, badger and even a white-tailed sea eagle. As well as activities such as horse riding, which you can enjoy in the hills around Mountshannon, Lough Derg offers plenty of hikes, from waterside strolls to heart-pumping climbs. For a walk into Irish mythology, head for Tountinna and the Graves of the Leinsterman. Tountinna means “hill of the waves” and legend has it that when the great flood came, the only people who survived were on this hill... Get to the top and you'll see why — as the entire Lough Derg valley tumbles out before you. ♥



# AMAZING LANDSCAPES

**D**ramatic, impactful, inspirational – the scenery on the island of Ireland encourages you to be at one with it, to stand on a wind-whipped beach and feel the transformative beauty of the Atlantic Ocean. To experience the poetry of the heather-flecked Wicklow Mountains sculpted over millennia and dotted with shaggy white sheep. To sit and gaze at a night sky that dances with swirling lights in one of the most remote parts of Europe, the Inishowen Peninsula.

From the breathtaking northern tip of Malin Head in County Donegal to the safe southern haven of Kinsale Harbour in County Cork, the Wild Atlantic Way will wow you with its cliffs and coves, and charm you with the warmth of its people. There are quiet islands where hardy communities continue age-old traditions; jagged peninsulas surrounded by surging seas; and friendly towns and villages where traditional pubs boast roaring open fires and nightly music sessions. Northeast of Donegal, the Wild Atlantic Way meets the Causeway Coastal Route – one of Northern Ireland’s greatest adventures. Here, the road hugs the coastline around craggy headlands, past sandy beaches, and gorse-covered valleys. You can lunch at the pretty harbor of Ballintoy, walk the historic Gobbins Cliff Path, and explore its charming villages, such as Glenarm.

And while Ireland may not have the highest peaks in Europe, the tobacco-colored boglands, heathery ridges, and rich green glens of the mountains here are filled with fascinating myths, legends, and ancient tales. There’s Croagh Patrick in County Mayo, where St Patrick spent 40 days in the year 441, and Slieve Gullion in County Armagh, where legendary hero Cú Chulainn received his name. In County Down, you’ll find Northern Ireland’s largest mountain range, beloved of hillwalkers. It’s said that the wintry snow-dusted peaks of the Mourne Mountains inspired Belfast-born author CS Lewis to create the icy wonderland of Narnia. Come here in winter, and it’s easy to see why.

Looking for somewhere to nourish your spirit? You wouldn’t be the first to fall in love with the inky blue waters of Ireland’s inland lakes, canals, and rivers. Ancient Celts, Christian monks, and marauding Vikings have all left their mark here, with pagan rocks and crumbling churches charting their journeys over the centuries. Today, their quiet, off-the-beaten track charm will win you over, whether you’re following the flow of the mighty River Shannon or exploring the castle-laden shores of Lough Erne in County Fermanagh. There’s nothing quite like the amazing landscapes of Ireland. ♥



# THE ANCIENTS

*On the island of Ireland, it pays to look closely. As you stand gazing out on a beautiful view, keep your eye out for some dramatic reminders of the island's ancient past*

NEWGRANGE  
COUNTY MEATH

For a relatively small island, Ireland boasts an astounding number of Neolithic passage tombs, ancient burial grounds, and mysterious stone circles. These structures contain the secrets to the island's early history, and often sit within intensely dramatic locations, such as Céide Fields in the wild boglands of north County Mayo – a field system that's thousands of years old; and the Legananny Dolmen, a 5,000-year-old portal tomb on the slopes of Slieve Croob in County Down.

Considering the fact that some of these sites date back thousands of years, the condition in which they stand is remarkable. Take Newgrange, for example. Built around 3200BC, the passage tomb is older than both Stonehenge and the Great Pyramids of Giza, yet it's perfectly intact – its grassy mound unchanged for millennia; its stones still etched with rock art.

Just up the road is the Hill of Tara, where the ancient High Kings of Ireland would have been inaugurated. Visit on a clear day, and you can stand upon the hill, gaze out upon the endless green fields of County Meath, and see for miles – some even say you can see half the counties of Ireland.

One of the best things about these sites is their accessibility. Rather than being shielded behind ropes and walkways, they are out in the open countryside. Like the stone circles at Beaghmore in County Tyrone, which were only discovered during peat cutting in the 1940s – these Bronze Age structures aren't kept at

“BUILT AROUND 3200BC, NEWGRANGE IS OLDER THAN BOTH STONEHENGE AND THE PYRAMIDS OF GIZA, YET IT IS PERFECTLY INTACT”

the other side of a visitor centre, but are free to access among the hills of the Sperrins.

Over in County Clare, you'll find one of the island's most iconic ancient monuments – the Poul nabrone Dolmen. This portal tomb is found in the depths of the Burren, where limestone plateaus are dotted with wildflowers and clumps of moss.

But sometimes you have to know where to go... Deep in County Fermanagh in the scenic waters of Lough Erne sits Boa Island. You can drive onto the island, but once there keep an eye out for signs for the Boa Figures. Down a little country lane, hidden in an old cemetery you'll find the Boa Island Figures – intricately carved Celtic figurines that have an almost totem pole look to them, as they stand silently among crumbling tombstones.

Sites like this can look out of place, as they sit within quiet valleys or in the middle of tiny islands. But the more you familiarize yourself with Ireland, you'll see that these structures, soaked in history and witness to thousands of years gone by, are exactly where they should be. ♥

GREAT BLASKET ISLAND  
COUNTY KERRY



RATHLIN ISLAND  
COUNTY ANTRIM

DALKEY ISLAND  
COUNTY DUBLIN



## IRELAND'S ISLANDS

*From day trips to longer stays, and from traditional culture to wildlife-watching, you'll find beauty, mystery, legend, and more amongst Ireland's many islands*

Scattered all along the weather-beaten coast of Ireland are some of our best-kept secrets: the islands. Here, you'll encounter some truly exceptional landscapes – white sand beaches, clear blue waters, and untouched countryside – as well as a way of life that is distinct from anywhere else in the world.

Take the Aran Islands, for example. From what Oscar Wilde described as the “savage beauty” of Connemara, you can make the short ferry hop to Inis Mór, Inis Meáin, and Inis Oírr (or as an alternative, the aeroplane crossing takes just ten minutes and gives you incredible views of the coastline). These three islands, each with their own distinct personality and charm, all share an inimitable terrain, with giant flat slabs of rock stretching towards cliff tops, stone walls interweaving on rolling fields, and small thatch cottages overlooking the sea.

Kerry's uninhabited Blasket Islands mark the most westerly point in Ireland (and the winding, zig-zagging pathway to the ferry at Dunquin has to be one of the most photographed spots on the island of Ireland). Though the sea-crossing can sometimes

be a little rocky, Great Blasket Island is well worth the trip and has barely changed in hundreds of years. Stroll around these rolling hills and you'll see abandoned cottages, some of which you can peek inside. The island was inhabited until 1953, when the population declined to just 22 and it was officially evacuated.

Unsurprisingly, given their unspoiled natural environments, Irish islands are magnets for wildlife. Nowhere is this more apparent than on Rathlin Island. Less than 10km off the coast of County Antrim, the island is such an integral part of bird conservation that the Royal Society for the Protection of Birds (RSPB) has its own seabird center on the cliffs. From there, you'll see rare and beautiful birds, including guillemots, razorbills, and puffins, as well as some of the most beautiful views on the island of Ireland.

### GETTING THERE

Accessing Ireland's islands is easy. Some you can drive to (Achill Island is connected to the mainland by landbridge); some are tidal (Coney Island, County Sligo) meaning that you can walk across at low-tide; and some you can reach by local boat (Devenish Island, County Fermanagh). But for most islands, a ferry is the way to go. With smaller and uninhabited islands, sailings may be seasonal, but larger islands will be accessible all year round, weather dependent. ♥





ADARE MANOR  
COUNTY LIMERICK



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- 1 Cape Clear B&B *County Cork*
- 2 Finn Lough Bubble Domes *County Fermanagh*
- 3 Gegan's Castle *County Clare*
- 4 Kribben Cottages *County Down*
- 5 Cruising the Shannon *County Limerick*
- 6 Rock Farm Slane, *County Meath*

# PLACES TO STAY

*Ever slept in a lighthouse? Or how about a medieval castle? Whether you're after cool camping or a cosy B&B, Ireland has something to suit*

## B&BS

The Irish welcome is famous. And it's not a myth, either. Step inside a B&B on the island of Ireland, and you'll have friendly smiles at breakfast, a sociable atmosphere and the inside track on where to eat, drink and visit in the area. A B&B stay is a great way to connect, first-hand, with Irish culture. Ranging from cottages in the heart of the countryside to smart city guesthouses, they deliver relaxed, affordable accommodation in warm and welcoming family homes.

## ECO-FRIENDLY SLEEPS

Ireland's green accommodation options are growing all the time, with yoga retreats on quiet islands, low impact self-catering cottages, and sustainable hotels and guesthouses. Check out Gegan's Castle in the Burren area of County Clare, a founding member of The Burren Ecotourism Network for special ecotourism packages. Delphi Resort in County Galway, which is a member of Green Hospitality Ireland, and The Salthouse in Ballycastle, County Antrim – a luxury sustainable hotel powered by wind turbines and solar energy.

## CASTLES

Peat-scented whiskeys by crackling log fires, magnificent medieval interiors and an old-world ambience... a castle stay is the ultimate in style. Luxurious and indulgent – but friendly and relaxed, too – castle hotels generally sit on vast estates where you can enjoy walks into woodland, go clay-pigeon shooting, try a spot of falconry or enjoy a traditional boat trip along gentle rivers. Super-elegant five-star castle hotels can be found all over the island, from the Wild Atlantic Way and Ireland's Ancient East to the Causeway Coast. You can even rent entire castles just for you, your friends and family, with staff who will look after your every need. There are some more affordable offerings around, too, with self-catering castles available to rent for groups both big and small.

## LIGHTHOUSES

Tales of shipwrecks, adventure and tragedy swirl in the waters surrounding the beacons that are Ireland's lighthouses. Perched on cliff edges, keeping a watchful eye over the turbulent seas, these lighthouses are unique places to stay, whether you're cozying up in a lightkeeper's house or spending a few nights in the lighthouse tower. And the great thing about a lighthouse stay? It's a year-round affair; in winter, light the fire, make yourself at home and gaze at the wild seas below; in summer, enjoy late sunsets and sublime ocean views.

## HISTORIC HOUSES

If your idea of relaxation is 19<sup>th</sup> century drawing rooms, book-laden libraries and breakfasts around grand dining tables, then walk through the doors of a historic Irish country house. Often owned by the original families, these beautiful houses sit on tranquil estates and offer old-fashioned informal hospitality, blazing fires, antique furnishings and candlelit dinners.

## FARMHOUSES

An Irish farmhouse stay offers up a slice of authentic rural life – enjoy fresh farm produce for breakfast, great walking routes and a real sense of getting away from it all. Lots of farms offer extra activities, so you can saddle up on a pony, have a go at milking cows, or learn the art of baking Irish soda bread.

## UNIQUE PLACES TO STAY

Looking for accommodation with a twist? You've come to the right place... Stay in a transparent bubble dome underneath the starry skies at County Fermanagh's Finn Lough. Give your stay in Dublin a twist by renting an early 19<sup>th</sup> century Martello Tower in Dublin Bay, originally built to defend against Napoleonic invasion. Bed down on a converted double-decker bus along the Wild Atlantic Way in Lough Corrib, County Galway, or try a snug and cozy "Shepherd's Hut" at the Tepee Valley Campsite in County Armagh.

## CAMPING

Breathtaking camping spots beside the crashing ocean, eco farms with spacious bell tents and bohemian glamping surrounded by ancient woods and rippling streams – camping in Ireland delivers everything from the unique to the quirky. After all, there's nothing quite like waking up in a forest or beside the beach with the sound of the sea crunching over the pebbles, the sizzle of sausages and a mind-blowing sunrise!

## COTTAGE STAY

Whether you're after an extraordinary adventure on the Wild Atlantic Way, an unforgettable tour through Northern Ireland, or a farm stay in the historic pastures of Ireland's Ancient East, you're guaranteed to find a lovely little self-catering cottage to suit your needs. Cottages on the island really do spring up everywhere – on remote headlands, on the edge of vast beaches and in busy cities where everything is right on your doorstep.

## CRUISERS

A great way to enjoy Ireland's unspoiled waterways is by modern cruiser or traditional barge. Ideal destinations for cruising include the vast River Shannon, which weaves through the heart of the island; tranquil Lough Erne, famed for its castles, food and golf; and the angler's paradise of Lough Derg, between the counties of Clare, Tipperary and Galway. ♥





Route changes and seasonal schedules apply – please check in advance with your carrier. Information correct at time of printing

# IRELAND INFORMATION

So you're coming to the island of Ireland and want to know how to get here, how you'll get around when you arrive and even what currency to bring? We've got the lowdown on all you need right here.

## TRAVELLING TO IRELAND

**By air**  
You can fly direct from Canada to Ireland at any time of the year. A number of airlines offer direct access to Ireland from major departure cities across the country including Toronto, Vancouver, Halifax and Calgary, arriving into Dublin airport.

**Aer Lingus**  
[aerlingus.com](http://aerlingus.com)

**Air Canada**  
[aircanada.com](http://aircanada.com)

**Air Transat**  
[airtransat.ca](http://airtransat.ca)

**WestJet**  
[westjet.com](http://westjet.com)

## THE BASICS

The island is about 486km long and 274km wide, and covers approximately 32,600 square miles. The island of Ireland has 32 counties; there are 26 in the Republic of Ireland and six in Northern Ireland. There are also four provinces on the island. The Republic of Ireland is a parliamentary democracy with a president as its head of state.

Northern Ireland has its own regional government, but is part of the United Kingdom. There are about 6 million people living on the island – 4.3 million people live in the Republic of Ireland and 1.7 million in Northern Ireland.

One third of the population on the island of Ireland is under the age of 29.

## CLIMATE

Ireland has a mild, temperate climate with summer temperatures generally ranging from 60°F/15°C to 70°F/20°C. Temperatures in spring and autumn are generally 50°F/10°C, and in winter between 40°F/5°C and 46°F/8°C. Snow is rare but rain showers can occur at any time of the year. For up-to-the-minute weather reports visit [met.ie](http://met.ie)

## PASSPORTS

Canadian citizens need a passport to enter the Republic of Ireland or Northern Ireland. An e-passport is not a necessity. Always check what form of ID is required with your individual airline, ferry company or travel agent before travelling. You should also check whether your children need their own passports.

## GETTING AROUND

The island is quite small so whether you're travelling by air, road or rail you'll find it easy, with lots of choice from car hire to cycling.

## By road

Ireland's roads are generally of a high standard, although if

you venture into the countryside they can be narrow and winding. You will find car rental services at airports and ports and in city centres. Canadian visitors to Ireland must bring a valid Canadian driver's licence with them.

Driving in Ireland is on the left-hand side of the road and seatbelts must be worn at all times in the front and back of the vehicle. Drivers should note that they are obliged by law to carry their driver's licence at all times when driving in the Republic of Ireland. Motorcyclists and their passengers must wear helmets.

There are very strict laws on drinking alcohol and driving, and the best advice is simply "don't drink and drive." The measurement of speed limits on roads in the Republic of Ireland is kilometres per hour (km/h). The measurement of speed limits on roads in Northern Ireland is miles per hour (mph).

Motorists are urged to remember the change of driving laws when crossing the border between Northern Ireland and the Republic of Ireland. In Northern Ireland, the speed limit is 30mph in built-up areas, 60mph on the open road and 70mph on motorways unless otherwise shown. In the



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- 1 Waterford Greenway County Waterford
- 2 Mount Errigal County Donegal
- 3 Rathlin Island ferry County Antrim

Republic of Ireland, the speed limit is 120km/h on motorways, 100km/h on national roads and 80km/h on non-national roads.

## By air

Considering the small size of Ireland, there isn't much need for internal flights – the main one is the Dublin-Kerry route, which takes approximately 40 minutes, as well as flights to all three of the Aran Islands.

## Public transport

Rail networks run all over the island with **Irish Rail** in the Republic ([irishrail.ie](http://irishrail.ie)) and **Northern Ireland Railways** in Northern Ireland ([translink.co.uk](http://translink.co.uk)). The **Dart** (Dublin Area Rapid Transit) serves Dublin's coast and city area ([irishrail.ie](http://irishrail.ie)), while the **Luas** (a light rail service; [luas.ie](http://luas.ie)) has two main lines that serve the city centre.

Travelling around by coach or bus is economical and relaxing. **Bus Éireann** in the Republic of Ireland and **Translink** in Northern Ireland run coach tours all around the island. There's also a huge selection of private coach tour operators, airport transfers, city-to-city trips, and golf trips.

## By bicycle

You can bring your bicycle with you to Ireland, but you might find that it's cheaper and easier to rent a bike when you arrive. There are plenty of bike hire shops around, and rental fees are reasonable. Most bike shops will let you rent your bike in one location and drop it

off at another for a small fee. Rental price generally includes lock, pump, puncture repair kit, mudguards and carrier; insurance cover is given with all bicycles hired. Children's bikes are also available, but remember to book well in advance and ask about helmets, especially in high season.

## By water

Most of Ireland's islands can be reached by ferry with numerous ferry companies providing local services. Many crossings will be subject to weather conditions, so keep an eye on local weather reports via **Met Éireann** (Republic of Ireland) and the **Met Office** (Northern Ireland). In some cases, ferry companies will only operate seasonally, normally peak season (June to August approximately). Always check sailing times in advance. Along with numerous islands, Ireland is home to various beautiful rivers, lakes and canals, many with potential to be experienced by boat or barge. You don't need a license to operate a cruiser or barge on the island of Ireland and you don't need experience – you'll get full training and teaching sessions along with navigational charts and a captain's handbook.

## CURRENCY & MONEY

In the Republic of Ireland, the official currency is the euro. In Northern Ireland, it's the £ sterling. Credit cards that have the Visa and Mastercard symbol are widely accepted. American Express is accepted in some

places but not all. Visitors with other cards should check before they use them. ATM (cash) machines are located at most banks and in towns and city centres and accept most credit and debit cards.

## EMERGENCY NUMBERS

We hope you won't need any emergency numbers during your visit, but just in case, here they are:  
**Emergency Police, Fire, Ambulance:**  
**Republic of Ireland (ROI)** Tel: 112 or 999  
**Northern Ireland (NI)** Tel: 999

## SMOKING

There is a smoking ban in Republic of Ireland and Northern Ireland. It is illegal to smoke in an enclosed place of work – everywhere from pubs and restaurants, to shops, offices and on public transport. There are exceptions, including some hotels and guesthouses that provide smoking rooms. Pubs, nightclubs and hotels usually have a designated smoking area outside on the street or in a garden. Always put your cigarette butt in the ashtrays provided or you could face a €100 fine for littering.

## VISITORS WITH DISABILITIES

Ireland extends a warm welcome to all visitors with disabilities. Many public places and visitor attractions are accessible to wheelchair users and an increasing number of hotels and guesthouses are now well equipped to accommodate

guests with disabilities. For more information please contact:  
**National Disability Authority (ROI):** +353 (0) 1 608 0400  
**Disability Action (NI):** +44 (0) 28 9029 7880

## ACCOMMODATION INFORMATION

Hospitality comes naturally in Ireland! For accommodation offers and inclusive packages visit [ireland.com/offer](http://ireland.com/offer)

## HOTELS & GUESTHOUSES

**Irish Hotels Federation**  
[irelandhotels.com](http://irelandhotels.com)  
**Ireland's Blue Book**  
[irelands-blue-book.ie](http://irelands-blue-book.ie)  
**Northern Ireland Hotels Federation**  
[nihf.co.uk](http://nihf.co.uk)  
**Good Food Ireland**  
[goodfoodireland.ie](http://goodfoodireland.ie)  
**Original Country Hotels**  
[originalirishhotels.com](http://originalirishhotels.com)

## BED & BREAKFASTS

**B&B Ireland**  
[bandbireland.com](http://bandbireland.com)

## COUNTRY HOUSES

**The Hidden Ireland Guide**  
[hiddenireland.com](http://hiddenireland.com)

## HOSTELS

**An Óige – Irish Youth Hostel Association**  
[anoige.ie](http://anoige.ie)  
**Independent Holiday Hostels**  
[hostels-ireland.com](http://hostels-ireland.com)  
**Hostelling International Northern Ireland**  
[hini.org.uk](http://hini.org.uk)  
**Independent Hostels of Ireland**  
[independenthostelsireland.com](http://independenthostelsireland.com)



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